

*08<sup>th</sup> – 10<sup>th</sup> November 2019, Thessaloniki Greece*

## *DIRECTIVES / INVITATION*

Dear sports friends,

Following the decision of the Hellenic Gymnastics Federation, the Athletic Gymnastics Clubs Union of Northern Hellas, has the pleasure to invite your Artistic Gymnastics Clubs to participate in the MAG-WAG International Tournament "2<sup>nd</sup> Horizon Cup".

<b>Discipline</b>	<b>Men's Artistic Gymnastics (MAG)</b> <b>Women's Artistic Gymnastics (WAG)</b>
<b>Host Federation</b>	<b>HELLENIC GYMNASTICS FEDERATION</b> 37 Kifissias Ave., <b>OAKA</b> , EKAE Building (Former Athletes Guesthouse) Opposite Fire Station, 15123 Marousi Tel.: +30 210 9882458 Fax: +30 210 9887329 Email: <a href="mailto:ego@otenet.gr">ego@otenet.gr</a> Website: <a href="http://www.ego-gymnastics.gr">www.ego-gymnastics.gr</a>
<b>Local Organizing Committee</b>	<b>ATHLETIC GYMNASTICS CLUBS UNION OF NORTHERN HELLAS</b> Mikra National Sports Center, Hall "Ioannis Melissanidis" 55132 Nea Krini Tel.-Fax: +30 2310 489472 Email: <a href="mailto:info@horizoncup.gr">info@horizoncup.gr</a> - <a href="mailto:info@aesgve.gr">info@aesgve.gr</a> Website: <a href="http://www.horizoncup.gr">www.horizoncup.gr</a> - <a href="http://www.aesgve.gr">www.aesgve.gr</a> Mr. Christos PSATHAS, President of the Athletic Gymnastics Clubs Union of Northern Hellas Email: <a href="mailto:info@horizoncup.gr">info@horizoncup.gr</a> - <a href="mailto:info@aesgve.gr">info@aesgve.gr</a> Mobile: +30 697 2575551
<b>Competition Manager</b>	Mr. Dimitris GIANNOULIDIS Email: <a href="mailto:info@horizoncup.gr">info@horizoncup.gr</a> - <a href="mailto:giannouldim@gmail.com">giannouldim@gmail.com</a> Mobile: +30 6946 066374
<b>Location</b>	Nea Krini, Thessaloniki, Greece
<b>Dates</b>	08 <sup>th</sup> – 10 <sup>th</sup> November 2019
<b>Venue</b>	Mikra 's National Sports Center, Hall "Ioannis Melissanidis" Seats:1.000
<b>Competition Apparatus</b>	American Athletic Inc. (on podium)

Size of Delegation	MEN		WOMEN		TOTAL
	Function	Juniors	Pre Juniors	Juniors	
	Head of Delegation	1	1	1	1
Team Manager	1	1	1	1	1
Coach	1	1	2	2	6
Gymnasts	4	5	4	5	18
Judges	1	1	1	1	2
Paramedical Staff	1	1	1	1	1
TOTAL					29

  

<b>Age Limits</b>	<p><b>MAG:</b> Juniors (born in 2003-2004) Pre-Juniors (born in 2005-2006-2007)</p> <p><b>WAG:</b> Juniors (born in 2005) Pre-Juniors (born in 2006-2007-2008)</p>
<b>Rules &amp; Regulations</b>	The event will be organized under the FIG Code of points 2017-2020.
<b>Technical Requirements</b>	<p><b>MAG: Juniors</b> → FIG Rules  <b>Pre-Juniors</b> → The 8 most difficult elements incl. dmt as per FIG  All apparatus:  Too short program  7-8 = - 0.0 points (10.00)  5-6 = - 2.0 points (8.00)  3-4 = - 4.0 points (6.00)  1-2 = - 6.0 points (4.00)  2 freely chosen EG+Dismount each = 0.50 points  DISMOUNT: A = 0.30, B = 0.50  Connections on floor  B or higher + B or C = +0.1,  C or higher + C or higher = +0.2  - (No connection for Counter Saltos, example Double salto bwd. 1/1 to salto fwd. 1/1).  - Limit of 2 connections total in an exercise.  VAULT: Gymnasts will perform only one vault</p> <p><b>WAG: Juniors</b> → FIG Rules  <b>Pre-Juniors</b> → The 8 most difficult elements incl. dmt as per FIG  All apparatus:  Too short program  7-8 = - 0.0 points (10.00)  5-6 = - 2.0 points (8.00)  3-4 = - 4.0 points (6.00)  1-2 = - 6.0 points (4.00)  3 freely chosen CR+DMT each = 0.50 points  DISMOUNT: A=0.0, B=0.30, C=0.50  VAULT: Gymnasts will perform only one vault  The height of the vaulting table must be 110 cm -125 cm</p>
<b>Competition Format</b>	<p><b>MAG-WAG Juniors:</b> Each team can only set a maximum of 4 gymnasts per apparatus. Three (3) highest scores will count for team score.</p> <p><b>MAG-WAG Pre Juniors:</b> Each team can only set a maximum of 5 gymnasts per apparatus. Three (3) highest scores will count for team score.</p> <p>NOTE: All gymnasts must register the apparatus in the respective form.</p>

Awards	<p><b>MAG-WAG Juniors:</b></p> <ul style="list-style-type: none"> <li><b>Team:</b> Cup for 1<sup>st</sup> place &amp; Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place</li> <li><b>All Around Individual:</b> Cup for 1<sup>st</sup> place &amp; Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place and diplomas for places 4<sup>th</sup>-8<sup>th</sup></li> <li><b>Apparatus (Separately for each age, but 2 per Club):</b> Medals for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place and diplomas for places 4<sup>th</sup>-8<sup>th</sup></li> </ul> <p><b>MAG-WAG Pre Juniors:</b></p> <ul style="list-style-type: none"> <li><b>Team:</b> Cup for 1<sup>st</sup> place &amp; Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place</li> <li><b>All Around Individual (Separately for each age):</b> Cup for 1<sup>st</sup> place &amp; Medals for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place and diplomas for places 4<sup>th</sup>-8<sup>th</sup></li> <li><b>Apparatus (Separately for each age, but 2 per Club):</b> Medals for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place and diplomas for places 4<sup>th</sup>-8<sup>th</sup></li> </ul>													
Drawing of lots	One week before the competition starts.													
Judges	All participating judges must have minimum a valid National Brevet for cycle 2017-2020. Each Club may send minimum one MAG Judge and /or one WAG Judge. A participant club without a judge will have to pay a fine of 30.00 euros to the LOC upon arrival.													
Provisional Schedule	<p><b>7<sup>th</sup> November:</b> Arrival of delegations, Training  <b>8<sup>th</sup> November:</b> Arrival of delegations, Official Training, Orientation Meeting  <b>9<sup>th</sup> November:</b> Competition (<b>MAG:</b> FX-PH-RI, <b>WAG:</b> VA-UB)  <b>10<sup>th</sup> November:</b> Competition (<b>MAG:</b> VA-PB-HB, <b>WAG:</b> BB-FX)  <b>11<sup>th</sup> November</b> Departure of delegations</p>													
Invited Clubs	Gymnastics Clubs from all over the globe are invited.													
Entry Fee	The non-reimbursable entry Fee is 30.00 € per Gymnast													
Costs	<p>The following prices* are <b>per person, per day</b> and include :</p> <ol style="list-style-type: none"> <li>Accommodation in hotels close to the Competition Hall with breakfast one meal and snack for gymnasts (will be offered in the competition venue).</li> <li>Transportation from Thessaloniki 's airport "Macedonia" to the hotel (round trip)</li> <li>Transportation from Thessaloniki 's Rail Station to the hotel (round trip)</li> <li>Shuttle buses connecting hotels and the Competition Hall</li> </ol> <p><i>(*) the prices include all taxes</i></p> <p><b>Hotels:</b></p> <table data-bbox="379 1397 1082 1518"> <tr> <td>i)</td> <td>Athlos Hotel Thessaloniki</td> <td rowspan="3">Prices are <b>per person, per day</b></td> </tr> <tr> <td>ii)</td> <td>Metropolitan Hotel Thessaloniki</td> </tr> <tr> <td>iii)</td> <td>Ambassador Hotel Thessaloniki</td> </tr> </table> <table data-bbox="379 1547 1050 1666"> <tr> <td>Triple Room:</td> <td>50.00 €</td> </tr> <tr> <td>Double Room:</td> <td>60.00 €</td> </tr> <tr> <td>Single Room:</td> <td>70.00 €</td> </tr> </table> <p>The Accommodation Form must be returned to the LOC by October 7<sup>th</sup>, 2019 at the very latest. Hotel rooms will be allocated on a "first come, first serve" basis.</p> <p>The invited participating clubs must pay for the accommodation expenses of their delegation members. <b>The costs for the accommodation must be paid to the LOC as follows:</b>  <b>50% until October 7<sup>th</sup>, 2019 and the rest 50% upon arrival.</b></p> <p>You can select the hotel of your choice and also the persons who will stay in each room, online (after your Nominative Registration) via the official website of the event (<a href="http://www.horizoncup.gr">www.horizoncup.gr</a>).</p>	i)	Athlos Hotel Thessaloniki	Prices are <b>per person, per day</b>	ii)	Metropolitan Hotel Thessaloniki	iii)	Ambassador Hotel Thessaloniki	Triple Room:	50.00 €	Double Room:	60.00 €	Single Room:	70.00 €
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	<b>Cancellation/Reimbursement Policy:</b> 50% of accommodation costs are refundable in case of cancellations made at least 1 month prior to arrival. For cancellations made after October 7 <sup>th</sup> , 2019 there will be no reimbursement.	
<b>International Transportation</b>	The invited participating clubs must pay for the International travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by October 25 <sup>th</sup> , 2019.	
<b>Visa</b>	Please verify immediately with your travel agent or the Greek Embassy or Consulate in your country if a visa is required for your travel to Greece. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before October 10 <sup>th</sup> , 2019 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, arrival and departure dates of the Delegation Members as well as the city the visa application support letter must be sent to.	
<b>Insurance</b>	The Host Federation and the LOC will not be held responsible for any liabilities in case of accidents, illness and repatriation. All participating Clubs are responsible for making their own arrangements to have the necessary valid insurance coverage for illness, accidents and for repatriation.  Medical services will offered on the competition venue.	
<b>Accreditation</b>	Delegation accreditation will take place upon arrival. For accreditation, team leaders are required to bring the following documents: - passports of all members of the delegation - CD with music for women FX (2 copies)	
<b>Financial Obligations and Bank Account</b>	Payment of 100% Entry Fee: October 20 <sup>th</sup> , 2019 (non refundable) Payment of Accommodation Costs (first 50%): October 7 <sup>th</sup> , 2019 Payment of Accommodation Costs (second 50%): upon arrival  Each participating club is kindly requested to integrate the payment's purpose as follows: ATHLITIKI ENOSI SOMATION GYMNASTIKIS BORIOU ELLADOS Bank: National Bank of Greece IBAN: GR53 0110 2560 0000 2562 9600 609 BIC: ETHNGRAA  The participating clubs are responsible for covering all bank fees in connection with the bank transfers.	
<b>Registrations</b>	Registrations will be made (online) via the official website of the event ( <a href="http://www.horizoncup.gr">www.horizoncup.gr</a> )	
<b>Registration &amp; Payment Deadlines</b>	Provisional Registration Form:	September 10 <sup>th</sup> , 2019
	Definitive Registration Form:	September 25 <sup>th</sup> , 2019
	Nominative Registration Form:	October 7 <sup>th</sup> , 2019
	Accommodation Form:	October 7 <sup>th</sup> , 2019
	Payment of Accommodation Costs (first 50%):	October 7 <sup>th</sup> , 2019
	Visa Request Form (if required):	October 10 <sup>th</sup> , 2019
	Payment of Entry Fee:	October 20 <sup>th</sup> , 2019
	Travel Schedule Form:	October 25 <sup>th</sup> , 2019

The President of Athletic Gymnastics  
Club Union of Northern Hellas



Christos PSATHAS